IJA eNewsletter editor Don Lewis (email: <u>enews@juggle.org</u>)

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IJA eNewsletter

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Get Ready For The IJA's New eZine

Starting in January, the IJA will be producing an online magazine. A group of volunteers is feverishly working to ensure that the digital architecture is ready and that a great stream of content will greet you in the new year.

Unlike traditional publishing, a digital magazine can add new articles at any time with "instant" delivery. And you can easily search for older articles right online without having to thumb through a stack of old magazines, only to discover that you can't find the issue you really want.

A truly great feature will be the possibility of forum-like discussion related to each article. You'll be able to comment right away and see what others have had to say.

This is a volunteer effort, and we want you to be a part of it. You can submit articles about interesting things that are happening in your area. Or simply suggest subjects that you would like others to write about.

Contact Scott Seltzer to help out: ezine@juggle.org

IJA Festival 2012 Winston-Salem, NC July 16 - 22, 2012 Save the dates!

IJA Publications, by Don Lewis

Last month Erin Stephens introduced the IJA's intention to create an eZine, a volunteer-based publication that will be available to members on the Internet.

Does that mean the end of JUGGLE as a printed magazine? At the moment, yes, although the IJA is actively investigating a return to print in some format when and if it becomes practical.

The reality is that JUGGLE as an independently produced magazine has never been an affordable proposition. It was introduced to replace Bill Giduz's mostly volunteerproduced Juggler's World when Bill retired from putting out the magazine. The hope was that increased frequency from four to six issues per year, independent production, and the hope of newsstand sales would provide a boost in membership to cover the increased costs of production. That never happened. It actually cost more to produce JUGGLE than the IJA received in membership fees. In addition, the IJA no longer owned the copyright to articles published in the magazine. In later years, the Board managed to reassert some control over the copyright issue, but the situation was far from ideal. Much of our early publication history from JUGGLE will probably never be available for republication on our web site.

The financial problem was finessed by using profits from successful festivals to cover part of the cost of producing JUGGLE. The return to an all volunteer model for producing the festival also helped to reduce overall costs. However, production costs slowly increased and even a reduction back to four issues per year from six just put off the inevitable. The difficult economy of the last few years has reduced festival attendance, so we can no longer depend on festivals producing modest profits. JUGGLE magazine as an independently produced publication is now firmly beyond our means.

If JUGGLE was such a financial drain and never drove an increase in membership, why did successive Boards vote to continue publishing it? For many members, the publication was their only contact with the IJA. The IJA has always had a motivation to document juggling and a magazine has been an good way to do that. A professionally produced publication does provide a visible level of credibility. We have long wondered whether the unknown cost of not having a publication would be greater than the known cost of publication.

Times change and there are more cost effective methods of providing quality content to our members on a regular basis. Most members have Internet access so we can now plan to provide a richer variety of content. Importantly, the IJA will once again be able to assert copyright on its own publication.

Some of us think that it will be possible to create a printable version of the eZine in tabloid format at some time in the future. When printed on a digital press, folded and stapled, it would be much like a magazine. If that can be made to work, it may eventually be offered through a third party printer to those who want to pay for it.



2013 IJA Festival

The year after next, the IJA festival will return to a college campus setting. For many years this market seemed to be closed to us. Recently, colleges and universities have become more interested in hosting special interest festivals like ours.

Bowling Green State University, where the 2013 IJA fest will be held, has up-to-date athletic facilities and comfortable inexpensive dorm rooms. Meal plans for the week will be available, in addition to nearby restaurant facilities. For the first time in years, the IJA will be able to offer on-site camping with access to showers.

Getting there will be easy by car via Interstate 75. The IJA will be running a shuttle bus to the Detroit airport during peak arrival and departure periods.

Dates and contract terms are still being finalized.



COPE.

YEP at Camp COPE, Ft. Riley, KS by Bob Neuman

This was my second time to volunteer with Camp COPE. A non-profit that provides therapeutic intervention and activities held at day long camps on military bases for the children of deployed, wounded or fallen military personnel – at no cost. Their motto is "Kids Serve Too."

This "camp" was held at Ft. Riley, KS. It is home to the 1st infantry Division of the U.S. Army. This Division has seen a lot of deployments to Iraq and Afghanistan. So, there was a real need for the camp to be there.

We arrived Friday afternoon to set up for the camp. This time we were located in a middle school on the base. While it was an older school than the previous one I'd attended – I had the luxury of using a real gym! No problems with low ceilings or lights.

I thought I was in good shape with the 300 balls (sand-filled Wal-Mart play balls sealed with colored electrical tape). At the last camp I was told to expect about 100 attendees – but only about 35 attended. So, when I heard that 150 might attend this one, I assumed there'd be less of a turnout. I was dead wrong! Lesson 1: Bring way more than needed (I give them to the campers when we are done and couldn't leave anyone short).

There were 130 campers. So, Friday night I dragged my patient wife (who is a counselor with Camp COPE) to the nearby Wal-Mart in search of "ball making" supplies. Everything was fine until it came to filler. There isn't much need for "play" sand in the winter in Kansas. I settled for bird seed.

Lessons 2 & 3: If you use bird seed it can be expensive (feed for Finches in particular...go figure) and it has larger "feed" pieces in it – especially wild bird feed (it would probably get stuck even in the auto oil funnel I bought). I settled on feed for caged birds. The other lesson – if it's Army payday, Wal-Mart is packed!

Luckily we got back to our hotel and I enlisted the help of another volunteer, Mark, who just finished his paramedic training. He would cut an opening in the balls with a box cutter, I would fill with enough seed and my wife taped them shut (luckily this Wal-Mart had colored electrical tape).

Lesson 4: It takes a lot more bird seed to add weight to the ball than sand does. So, it took longer.

Saturday morning we all caravanned from the hotel to Ft. Riley, where Lesson 5 was learned: Not all the entrances/ gates are open on the weekends. The one we used Friday was closed. Luckily the liaison could direct us to an alternate entrance and the school, which was great because...Lesson 6: GPS isn't very good on military bases (don't ask me why – it just isn't).

There were a LOT more "campers," which made for a lot more groups (11) and a very wide range of ages (4-17). But the campers are grouped by age.

For the very young (4-8) I did a juggling demo (balls, rings, clubs & tennis balls & can) and made them balloon animals. My knot tying finger was pretty sore by the end. * Balloon rules: there is some "dead time" for me at least when twisting 11+ balloons, so I try and have some "patter." They don't get a choice of color (but trying not to give black to girls or pink to boys) and they all get dogs – and "the balloon decides what kind of dog as I twist it" – in other words, no requests.

The older kids get a shorter demo (just balls, clubs & tennis balls & can). At the last camp I could proceed at a very leisurely pace with my presentation – but here I had to learn to "move it along." Then I let them pick out the balls they want, which are in an open storage bin. Lesson 7: kids are fickle – they'll keep going back to switch colors – so close the bin after everyone has 3! Also, there are always a couple that can't decide on which colors....set a time limit (and make them line up single file to pick otherwise – chaos)!

Most of the children really got into it. Only one 12 yr. old asked me if I was a clown, in a put down sort of voice. But I simply said, "No" and moved on. The groups were large so I got them tossing balls fast (there is a very limited time for juggling). All the groups were really great. The largest and most difficult was the older group – 27 kids ranging in age

continued on next page ...

YEP at Camp COPE ... continued from previous page

from 11 – 17, but most being 12 & 13. The latter age group is just at a difficult stage in life. Boys at this age are very "energetic." So, there were a lot of high tosses (one getting stuck on a basketball hoop). But all of the campers really tried. No one thought it was uncool or dumb – which was a pleasant surprise.

An observation: Girls, at least in this experience, have much more control, are more focused and attentive to what they are doing. The 12- 13 yr. old boys had a very hard time concentrating, would get distracted very easily and, of course, were showing off a lot (but not juggling skills – just how high they could throw).

Camp COPE also gives a parenting class and the counselor asked me to share some of the juggling – what I was

teaching their children and some of the message that I try to share. I was a bit wary as I have shoulder length hair and a bit of facial hair... hardly regulation for the military. But the parents were great and ALL of them tried juggling! Several of the soldiers who had just returned from deployment thanked me afterwards. After the sacrifices they make...they are thanking me?

It was an exhausting day but rewarding. Several of the counselors told me how much the kids loved the juggling. Well, the next one is at Ft. Hood – and I'll be there.

Bob Neuman has served on the IJA Board, on the awards committee, and as publication liaison.

Stagecraft Corner: What have you learned lately? by Brad Weston

In the beginning of a career or hobby we take in a lot of information in a very short amount of time. It is an exciting and exhilarating process. For many of us, this physical and intellectual push is what got us into the variety arts in the first place.

After a while, however, things can start to lose their luster. This can happen for a number of reasons. Perhaps most significantly, the learning curve can taper off, especially with the physical skill element of what we do. The gross motor skills that beginners learn can be picked up fairly quickly. As our level of achievement gets higher and higher, the refinements that we make tend to be finer and finer, smaller and smaller.

This is why our progress can start to slow down. With juggling, to get from 3 balls to 4 is not that big of a deal. Being able to juggle 5 is somewhat more difficult. Getting a handle on 6 and 7 takes a significant deal more of work. The higher numbers take longer. Furthermore, learning tricks with 3 balls can come pretty easily as compared to learning tricks with 5.

It's easier for us to simply stop the learning process. Many people take a break from regular practice or stop all together. A lot of folks justify it by saying, "I am doing gigs. My focus is on booking myself now." Or they tell themselves that they just juggle or do magic so that they can socialize at clubs. The problem with that attitude is that over time, things can get a little boring.

Are you feeling bored with your hobby?

If the answer is yes then you should ask yourself what it will take to feel more stimulated. The easiest way to get

excited all over again is to challenge yourself. Set some goals. Learn something new.

What to learn, though? An important aspect to rekindling your passion for an art is not to focus on what you "should" be learning. Rather, approach it with a sense of play. Try practicing to music, something new or unusual. Find music that brings you joy, and then do your practice inspired by the music. Make it a joyful dance instead of a physical chore that you have to do.

You might try practicing in a new location. Maybe at the beach or under a bridge or in the woods. Find a place that can inspire you. Let the architecture or the natural forms around you suggest the direction that your play takes.

You can learn more by playing than you can by being a drill sergeant.

It helps me to pick up odd objects not intend for juggling and find out how they move and balance. Essentially, I just open myself up to playing with weird stuff and this has led me to make discoveries of interesting shapes that are fun to work with.

Don't forget: when all is said and done, our passion about our art-form is meant to serve our life. It is meant to make us happy. If your goals are draining your life of pleasure, then you should reassess why you are doing what you do and figure out how to have more fun.

Brad Weston is a writer, juggler, and variety performance generalist from way back. For more information about him and other articles, check out his blog at <u>http://www.bradweston.com/wordpress</u>

Rola Bola and Live to Tell About It, by Gary Luber

A rola bola is a dangerous two-piece balancing prop often used by a performing juggler. The basic elements include a large tube (approx. 6.5 inches in diameter and approx. 12 inches long) and a solid board (approx. 11 inches wide, 32 inches long, and one inch thick). The tube is usually a piece of PVC pipe and the board is anything strong enough to support your own weight. Note, there are many variations of these two basic elements, but some type of tube and some type of board are needed. The tube is placed on the floor. The board is placed on the tube, with one end resting on the floor. A person will stand on top of the board, shift the board to center it over the tube, lifting both ends of the board off the floor, then balance in mid-air. Legs and weight-shifting are used to carefully roll the board back and forth, to maintain a balance. A rola bola can be useful to enhance a juggling routine by adding danger and excitement, or often it is simply enjoyed among jugglers for the challenge that it brings.

Every rola bola user seems to have their own experience and advice, which sometimes conflicts with others. So, here's my

own advice. If you want to learn to use a rola bola, work with an experienced person to get you started. If you can't find someone to teach you, there are a few articles available on the web (though not as much help as you'd like); search for "rola bola". The first exercise I teach students to do is to roll up onto the tube, but do NOT try to maintain a balance. Rather, intentionally roll the board up and over the tube, coming down on the other side gracefully. This gives a person a feel for what it will be like, without the pressure of maintaining a balance (the dangerous part). It's also helpful to hold onto another person's shoulders while you gradually learn to hold a balance. A rola bola is indeed dangerous for a beginner (most of us can recall our early, painful falls). It's common to see a beginner try to maintain a balance, forcing the board to shoot out sideways, and the person landing horizontally on the hard floor. It's possible to break an ankle, wrist, arm, hand or rib. Therefore,

for any beginner, and even regular user, I recommend the following safety steps. Note, the items described below are rarely ever noticed by an audience, but they will make a world of difference in your safety.

1) Use the rola bola on carpeting or on a portable rubberbacked rug. Carpeting slows down the rolling speed of the tube. A portable rug needs to be long enough for the tube to be placed in the center of the rug, and the board end to rest on the rug (not on bare floor). Trying to use a rola bola on bare tile, wood or cement flooring invites a bad accident.

2) Wrap duct tape around the entire outside surface of the tube. Duct tape grips the floor and the board better than the hard plastic surface of PVC pipe. The board won't twist as

much as it might. Carefully wrap the tape flat, avoiding bubbles or twisted tape. Bright colored duct tape is good, always attracts attention.

3) Install four rubber bumpers on the bottom of the board. These are available from a hardware store and made for furniture. They should be screwed to the bottom of the board, two on each end, approx. 9 inches away from the center of the board (18 inches between the pair of bumpers). These very important items prevent the board from rolling too far from its centered balance point.

4) Apply skateboard grip tape on the entire length of the bottom side of the board, where the board touches the tube. Skateboard shops sell this sandpaper-like tape. This grip tape will allow the board to grab the tube better than the hard wood surface, again helping the board not twist, as it might.

5) Apply two patches of skateboard grip tape on top of the board, where your feet touch the board, to help keep your feet from slipping.

I like to use old, garage sale, flat-bottom skateboards for the board (typically 8 inches wide and 31 inches long) and leftover pieces of new PVC sewer pipe, often found at a construction job site, on their junk pile; ask first (pieces at least 11-12 inches long). Remove the old skateboard wheels. Cut the PVC pipe to the length you need. This starter kit works great, doesn't cost much and simply needs the love and care of safety devices added. I also built a double-decker rola bola, using 2 skateboards, mounted permanently about 5 inches apart from each other. This places me higher in the air and generates more excitement for an audience. But we can discuss that item on another day. Keep juggling, my friends. I welcome your feedback or questions. Thanks.

IJA member Gary Luber is Chairman of the juggling department of the International FCM conference (Fellowship of Christian Magicians) and writes regularly for their

magazine "Voice of FCM". Although the organization was originally for performing magicians (50 years ago), it has expanded to include departments for juggling, ventriloquism, drama, face painting, clowning, puppets, balloon sculpture, storytelling and chalk art. For jugglers, the conference is basically a weeklong medium size juggle fest, with plenty of opportunity to learn/enjoy seeing other variety art skills performed

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ATSA Festival 2011, by Don Lewis

No, it isn't a juggling festival that you've never heard of. For the past dozen years Montreal artists have been putting on a downtown festival to highlight the plight of the city's homeless. ATSA stands for Action Terrorist Socialment Acceptable. Their idea is to use art and social action to promote change. The festival takes place right beside the Berri-UQAM metro station in Parc Émilie-Gamelin - an urban park. This year there were three giant screens. The two on either side showed dismal views of soup kitchens and jobless despair. The center screen featured views of conspicuous consumption. Periodically, the message "When will you have had enough?" was flashed on the screen. It is a powerful video statement of contrasts.

Various artists put on free shows during the festival, including circus and live music. There were a couple of fire urns burning to provide some heat, and food is available for those who need it. The public wanders freely through the site. For many of the homeless who take advantage of the event, these shows are amongst the best that they'll see for free.

It can be a bit of a challenge for some of the shows because some of the homeless are truly amongst the mentally walking wounded. Some of them are quite happy to walk up to a performer for a bit of one sided conversation during the act. Mostly, their friends tend to look out for them and keep disruptions to a minimum.

A group that had no trouble maintaining a perimeter was the Quebec City based fire troupe FogoRasto. Even the truly crazed are willing to keep their distance when fire is being spun. I saw their show on the first night of the festival. They were due to go on at 7:00 pm, but a lot of speeches got in the way for the first half hour. Once they started, things warmed up quickly as they gracefully progressed from poi to torches and staffs. It was fun to watch. Static pictures can't really describe the show, but you can see excerpts from their shows on their website and on YouTube.

It is interesting to note that this festival is fully supported by the City of Montreal, the provincial and federal governments, many business sponsors, and the community. That is impressive for an event that is an in-your-face condemnation of a pernicious social problem. Kudos to the arts community for keeping this fire burning.



http://www.atsa.qc.ca/pages/mandate.asp



http://www.fogorasto.com





Feeding the Inner Juggler, by Don Lewis

I've been a carrot cake enthusiast for a long time. I've tried a lot of different recipes and sampled a lot of commercial offerings. This is the one that I like the best.

Winterthur is the legacy of Henry Francis duPont in Wilmington, Delaware. It is an estate that has been turned into a museum of antiques and decorative arts from early America. It was his home and a working farm as he built his huge collection. Today, Winterthur is a respected reference for American decorative arts and restoration. It also has a restaurant that serves great carrot cake.

A full tour can take several days, since there is so much to see. The first tour I took started with a surprise as we went in an outer door. The inside seemed to be a street with house fronts along the side. Evidently Henry Francis was known for duplicating things that he liked, including entire rooms from places that he had visited. Imagine the problem of deciding what to have for dinner, as well as which dining room to have it in, and which of the many sets of china to have it on. This must have been an interesting home to grow up in. If you travel through the area you should at least take a tour of the extensive grounds. Not far away is Longwood Gardens, one of the finest botanical gardens in the world, created by the Pierre S. duPont family.

http://www.winterthur.org http://www.longwoodgardens.org

Back to the cake. This is an oil based cake. There may be some health benefits to that, depending on what nutritionist you listen to. One benefit is that the cake won't dry out quickly - assuming it lasts long enough to dry out.

You may notice green bits in the cake. This is probably due to oxidation of the carrot by the baking soda in the oven. It doesn't affect the taste. Peeling the carrots is supposed to eliminate this, but I've never noticed any difference. I'm willing to put up with a hint of green to keep the nutrients that are concentrated in the peel.

Some people are content to just eat the icing. You can use low fat cream cheese, but the benefits are probably limited to your conscience. It doesn't change the taste or texture. *Italic comments in the recipe are mine.*

Carrot Cake, based on Winterthur's Culinary Collection cookbook

4 eggs

1 1/2 cups sugar (or 1 cup sugar and 1/2 cup molasses for a darker, richer tasting cake)

1 1/3 cups oil (I use corn oil or canola oil)

2 teaspoons vanilla (better quality artificial vanilla is nearly indistinguishable from real vanilla extract. Use either) 2 cups flour

2 teaspoons baking soda

1/2 teaspoon salt (optional, I don't think extra salt really enhances the flavor so I leave it out)

1 tablespoon cinnamon (make it a heaping tablespoon if you really like cinnamon)

2 cups shredded carrots (wash, but don't peel the carrots. Peeling them wastes a lot of the nutrients) 1 cup raisins or nuts (or a mixture)

Mix the flour, baking soda, cinnamon, and salt together in a bowl and set aside. Beat the eggs and sugar together until light. Continue beating while adding the oil and vanilla. Add the flour mixture and beat well. Stir in the carrots and nuts/raisins. Pour the batter into a greased (*oiled*) 9x13 inch baking pan. Bake at 325 F for 40 - 60 minutes. Turn out of the pan onto a rack to cool.

If you use mini loaf pans for snack sized cakes, you won't need to bake for as long as a full sized pan. Test for doneness in the usual way, by inserting a probe (chicken skewer, toothpick, or straw from a broom). When it comes out dry with no batter sticking to it the cake is done. Because this is an oil based cake, the probe may feel a bit greasy rather than dry.

Cream Cheese Icing

8 ounces cream cheese (one package, 250 g.) softened
1/2 cup butter, softened
1 pound confectioner's sugar (500g icing sugar)
2 teaspoons vanilla

Mix the butter with the cream cheese. Add the sugar and vanilla. Beat until smooth. (Confectioner's sugar is fine and powdery and will fly up in a cloud when you use an electric mixer. Use plastic wrap around the top of the bowl while you start to mix to contain it.)

Try substituting orange liqueur or dark rum for the vanilla to get a different flavor!

Do you have a favorite recipe for feeding hungry jugglers? Please consider sharing it with your fellow jugglers. Send recipes to enews@juggle.org.

Turbo Fest 2012

http://www.turbo418.com



http://www.youtube.com/watch?v=6ogTcxgQoe0



http://www.youtube.com/watch?v=vJ5NoGaq-Ps

Turbo VI, by Tim Moroney

Just in case you happened to forget, Turbo Fest VI is not far away! Often praised as the best festival in North America, Turbo Fest never fails to live up to the hype. This year it will all be going down from Friday, January 6th to Sunday, January 8th – at the beautiful location of École de cirgue de Québec.

So, what is Turbo Fest!?

Originally started by a group of jugglers straight out of École de cirque de Québec, this festival thrives among the generation of the millennials. It's basically a 48-hour juggling party filled with everything you would ever need in a weekend. Tons of juggling games, workshops, competitions, and numerous rounds of combat are sure to take place. Aside from the juggling - an on-site café/ bar, video game lounge, and every cute circus girl happy to spend her time with us keeps all of the jugglers smiling. An extremely noteworthy perk of the festival is that attendees are welcome to sleep there on Friday and Saturday night - a comfortable, quiet, "lights-out" sleeping area is set up both nights in our downstairs section. Frequenters of Turbo Fest include recreational and professional jugglers, artists, photographers, local town members, students from two of the most prestigious circus schools in Québec, and anyone

else looking to have a weekend they will never forget.

Is there a show, like other juggling festivals?

We do have a show on Saturday night, but it's definitely not like other juggling festivals. The Turbo Fest crew works hard all year round to put up a professional level show filled with some of the most spectacular jugglers and circus artists from all over the world. It's not your classic show made up of 4minute long, local juggling numbers. Our show is intense, extreme, gorgeous, and well worth the small price. Who knows what big names we will have this year – guess you'll have to come and find out!

If you need more to inspire you to make the trip to Québec, check out Turbo 418's website and youtube page. The youtube page is filled with high-quality videos, handmade by the Turbo jugglers. Set the date for Turbo Fest, and make sure you bring your hat and gloves! (or not, you really don't even have to go outside the whole weekend)

Merci! Thank you! See you there! On se voit bientôt!

Sincerely,

The Turbo 418 Crew











http://www.turbo418.com

Juggling Festivals

Leeds Juggling Convention December 3, 2011 St Mary's Catholic Comprehensive School, Bradford Rd, Menston Leeds, United Kingdom

Juggling On Ice January 5 - 8, 2012 Waidhofen, Austria http://www.juggling.at/

Turbo Fest VI January 6 - 8, 2012 Quebec City, QC http://www.turbo418.com

5th Indian Juggling Convention January 9 - 15, 2012 North Goa / Arambol, India http://www.injuco.org

2012 Seattle Juggling Festival January 12 - 15, 2012 Seattle Center Seattle, WA website

47th Madison Jugging Festival January 13 - 15, 2012 Madison, WI <u>website</u>

Sydney Juggling Convention 2012 January 26 - 29, 2012 Marrickville PCYC, Australia http://sydneyjuggling.com.au

Groundhog Day Jugglers Festival February 3 - 5, 2012 Atlanta, GA website

Winter Juggling Weekend February 3 - 5, 2012 Heerlen, Netherlands website MONDO JuggleFest XXIII February 17 - 19, 2012 Concordia University St. Paul, MN http://www.mondofest.org/festival

Austin Jugglefest February 24 - 26, 2012 Austin, TX http://juggling.place.org/jfest2012/

Bath UpChuck 2012 February 25, 2012 University of Bath Bath, United Kingdom http://www.bathupchuck.co.uk

Humboldt Juggling Festival March 13 - 16, 2012 Humboldt State University Arcata, CA website

1st Indonesian Juggling Convention April 2 - 6, 2012 Sunrise School, Bali, Indonesia http://www.injuco.org

2012 British Juggling Convention April 11 - 15, 2012 Southend on Sea, UK http://www.bjc2012.co.uk

FCM Conference, July 30 - Aug 3, 2012 Marion, IN http://fcm.org

Having a Juggling Festival? List it here!

If you're organizing a juggling festival (or if you simply know of a juggling fest) and you want to advertise it in the IJA eNewsletter, just drop a note to eNewsletter editor Don Lewis enews@juggle.org. Such listings are free.

The eNewsletter generally comes out near the end of each month. Your festival can be listed for a few months, and you don't have to be an IJA affiliate to have a fest listed. Hey, jugglers want to know about juggling fests. Help them out and get more jugglers to your fest at the same time.

More Festivals!

Check the world wide juggling event listings on the IJA Website at http://www.juggle.org/events.

The information on that page is updated daily thanks to an XML feed from the International Juggling DataBase. You can submit your own event to the list where it will be reviewed by an editor before being added. <u>http://www.jugglingdb.com/events/submit.php</u>



Best Catches is a feature of StreetJuggling.com. Chief editor **Nathan Wakefield** has graciously agreed to share this feature with IJA eNewsletter readers.

Best Catches is a sifter for the unplugged, the lazy, and the busy. It's a monthly roundup of the freshest juggling videos, forum topics, and blog posts – in short, it does a lot of work so you don't have to.

See the list of suggested videos, etc., below.

- :: Chris Hodge has posted a <u>compilation video</u> of all of his 30 seconds of juggling videos that were posted over the summer.
- :: Josh Turner shows off his pattern stacking abilities when he does a fdb97531 to collect.
- :: Cyrille Humen brainstorms up some creative poi manipulations.
- :: Wes Peden has clips of his renegade act from the ZirkuLaer juggling convention up.
- :: Gandini Juggling has posted a promotional video for their new piece entitled "Blotched".
- :: Luke Burrage battles himself in a game of combat.
- :: Alex Barron shows off a 13 ball flash.
- :: Steve Hoggan has some fun experimenting with Angled Surface Juggling.
- :: Doug Sayers' winning ring routine from WJF 7 is now online.
- :: Mura shows off some recent practice footage of creative ball patterns.
- :: The ring manipulation juggling film Dadaolta is now available. Watch the trailer here, and purchase it here.
- :: Illinois Central has a video story up on WJF 7.
- :: Ori Roth's video "Happy Oree Friends Pretty Trippy Party" is now available to watch for free.