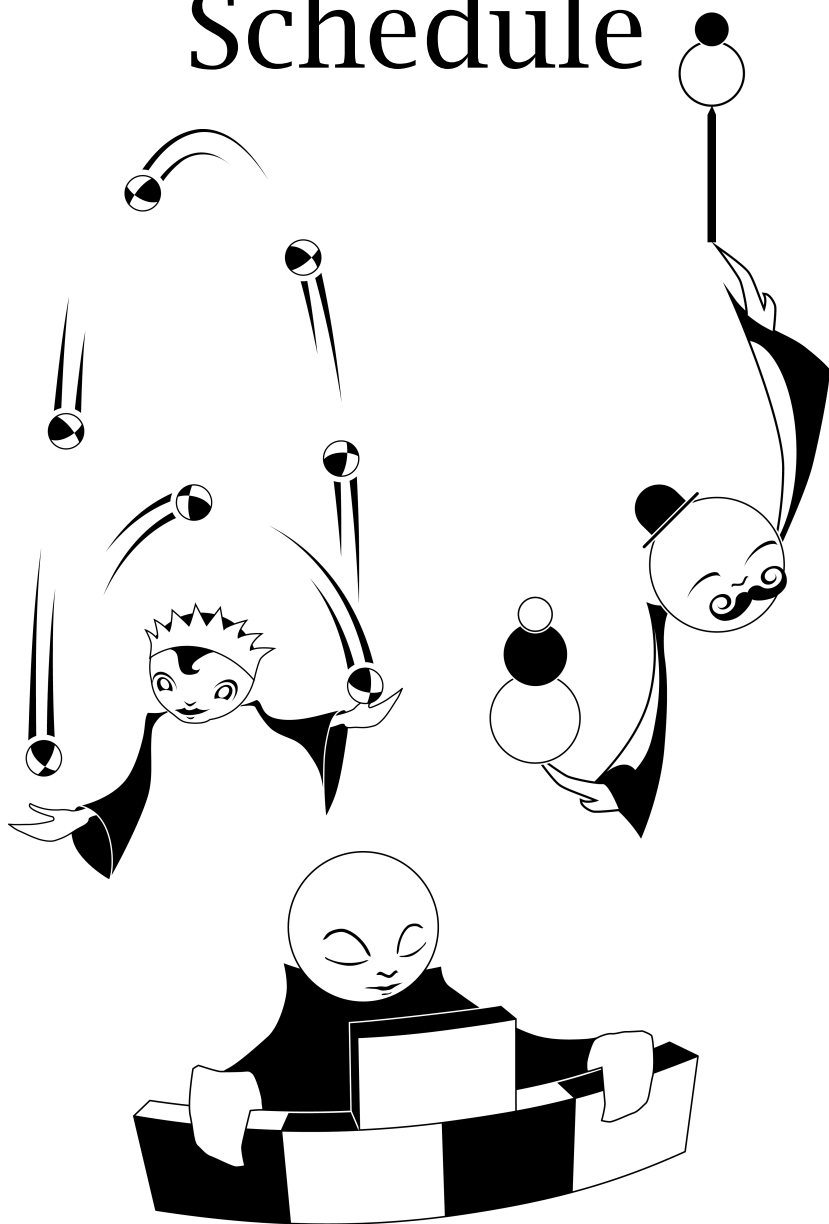


# Workshops Schedule



IJA Winston-Salem 2009 | Price: \$2

# ***Notes & Autographs***

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## IJA Workshops Schedule for Tuesday, July 14, 2009

	North Hall A	North Hall B	North Hall C	North Hall D	North Hall F	North Hall G	South Exhibit Hall	North Exhibit Hall	North Foyer
<b>10 AM</b>		1 Diabolo: Excalibur			Ring Fundamentals 3 & 4 Rings				
<b>11 AM</b>			Siteswap 101		3 Club Chops	Club Passing Patterns Int & Adv			
<b>12 PM</b>		Cigar Boxes Beg & Int	Balancing Objects		Club Motion: Club Traps Beg & Adv				
<b>1 PM</b>			Factory Variations Part 1 (3 balls)			3 Club Tricks for Beginners			
<b>2 PM</b>		Youth Showcase Meeting		<b>Team RdL Special Workshop</b>	1 Devil Stick Tricks Beg & Adv				Fun and Simple Club Passing Patterns for 3, 4, 5+ People
<b>3 PM</b>	IJA Election Voting Opens (Gym)		Beginning Hat Manipulation Beg & Int			Yo-Yo: Old Skool		3-4-5 Ball Bounce Tricks Beg & Adv	
<b>4 PM</b>	<b>IJA Annual Business Meeting</b>	Kendama Beg & Int			Head Rolls	Rope Twirling Beg			
<b>5 PM</b>		Kendama Adv	Contact Juggling Fndmntls Adv						

## IJA Workshops Schedule for Wednesday, July 15, 2009

	North Hall A	North Hall B	North Hall C	North Hall D	North Hall F	North Hall G	South Exhibit Hall	North Exhibit Hall	North Foyer
<b>10 AM</b>		Mr. E's 3-Ball Esoterica Beg & Int			Rings Tricks & Numbers Adv				
<b>11 AM</b>	North American Kendama Open					Club Motion: Scissor Theory Beg & Adv	Pirouettes for Jugglers	Numbers Bouncing 6 & Up	
<b>12 PM</b>		Learn to Juggle 3 Clubs	Tennis Ball Can Jam		Juggling Videography				
<b>1 PM</b>		Creative Club Passing	YouTube Meet & Greet			3-Club Tricks for Beginners			
<b>2 PM</b>		Comedy Writing Panel Discussion	Flamingo Club Meet & Greet	<b>Team RdL Special Workshop</b>	5-Ball Tricks Breakout				
<b>3 PM</b>			Larger Group Club Passing Patterns		Club Motion: Flow Int & Adv	Factory Variations Pt. 2 4 & 5 Balls			<i>(Larger Passing Patterns May Move Here from North Hall C)</i>
<b>4 PM</b>	<b>Individual Prop. Competition</b>	Start & Sustain School Juggling Programs				360s with Balls, Clubs & Rings			Club Passing Wally Walk
<b>5 PM</b>		EJC / IJA Organizing Ideas			5 Balls the Easy Way				

## IJA Workshops Schedule for Thursday, July 16, 2009

	North Hall A	North Hall B	North Hall C	North Hall D	North Hall F	North Hall G	South Exhibit Hall	North Exhibit Hall	North Foyer
<b>10 AM</b>		Mr. E's 3-Ball Esoterica Int & Adv			Method for Teaching Club Passing				
<b>11 AM</b>			One Diabolo Tricks Beg & Int			Being a Professional Juggler		3 Ball Bouncing Adv	
<b>12 PM</b>		Vaudeville & Sideshow Skills & History			Ball Multiplexes Beg & Int			<b>(90 Minutes)</b>	
<b>1 PM</b>			Two Devil Stick Theory & Tricks Adv		6 Club Passing Tricks	Lasso Spinning & Knot Throwing			
<b>2 PM</b>		Right/Left Hand Passing Patterns	3 Club Shoulder Pads & Body Throws	<b>Team RdL Special Workshop</b>	Claymotion with 3 Balls				
<b>3 PM</b>									
<b>4 PM</b>									
<b>5 PM</b>	Reflections on a Performer's Life with Michael Chirrick		Hat Manipulation Beg						

## IJA Workshops Schedule for Friday, July 17, 2009

	North Hall A	North Hall B	North Hall C	North Hall D	North Hall F	North Hall G	South Exhibit Hall	North Exhibit Hall	North Foyer
<b>10 AM</b>		2 Diabolo Tricks Beg & Int				Mills' Mess Variations 3 & 4 Balls			
<b>11 AM</b>		Poi Beg & Int	3-Club Tricks Adv		Juggling Instructors Networking				
<b>12 PM</b>			6 Club Passing 2-Count		Clowns Without Borders Presentation	Club Swinging Beg & Int			
<b>1 PM</b>	Numbers Championships	Top Spinning Breakout	Flamingo Club Business Meeting			2 Diabolo Tricks Adv			
<b>2 PM</b>		Rings Tricks / Adv	Juggling with Your Feet & Hands		Movement & Passing in 3 & 4 Person Feeds	Jitter Ring Beg & Int			
<b>3 PM</b>			4 & 5 Club Multiplexes		Paddle Ball Beg & Int	Ball Spinning Beg			



# Ball Workshops

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## Siteswap 101

Tuesday, 11am

North Hall C

Chase Martin

Siteswap is an easy way to create and describe juggling patterns involving more than one throw height. An understanding of it will not only spice up your own juggling, but it will also make performances more fun to watch and easier to discuss. Siteswaps provide excellent drills by creating patterns that are similar to a trick that might be difficult to get started on.

## Factory Variations - Part I (3 Balls)

Tuesday, 1pm

North Hall C

Matt Hall

Introduced in Charlie Dancey's *Encyclopaedia of Ball Juggling*, this 3 ball standard has evolved to include some wonderful new techniques and shapes. Breathe new life into your three ball juggling as we explore some of the cooler variations from Japan and elsewhere.

## 3 - 4 - 5 Ball Bounce Tricks

Tuesday, 3pm

North Exhibit Hall

Christian Kloc & Jack Kalvan

Join two IJA champions for a demonstration of tricks old and new. As this workshop covers 3-5 balls, all levels of skill are welcome, but some familiarity with bouncing is recommended.

## Head Rolls

Tuesday, 4pm

North Hall F

Ivan Pecel

This year's Cascade of Stars MC shows he still has the goods in this must-attend workshop for anyone who has yet to master this difficult skill.

## Contact Juggling Fundamentals

Tuesday, 5pm

North Hall C

Sergio Rojas

Joining us all the way from Costa Rica, Sergio will cover the basics of contact juggling, for beginners only. He will talk about the different styles and techniques and teach a few basic tricks such as Isolations (enigma and finger grips), palm spinning (butterfly, transfers and circle), and bodyrolling (arm rolls).

## Mr. E's 3-Ball Esoterica / Intermediate

Wednesday, 10am

North Hall B

Jackie Erickson

Mr. E presents his twelfth consecutive 3-ball workshop. A wide variety of tricks will be demonstrated with difficulty levels from beginner to intermediate. Note: this is not a learn-to-juggle workshop.



# **Ball Workshops continued**

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## **Numbers Bouncing (6 and up)**

Wednesday, 11am

North Exhibit Hall

Christian Kloc

IJA Bounce Numbers Champion Christian Kloc returns in his second workshop of the week with tricks and tips for those of you who want to take your bouncing to the next level.

## **5-Ball Tricks Breakout**

Wednesday, 2pm

North Hall F

Josh Horton and Doug Sayers

World Juggling Federation powerhouses Josh and Doug will be leading this free exchange of 5-ball burliness. Get ready to see and pull tricks like never before.

## **Factory Variations Part 2 (4 & 5 Balls)**

Wednesday, 3pm

North Hall G

Matt Hall

Popularized by Ben Beever and Matthew Tiffany, doing Factory carries in higher-level ball juggling has been around for several years. Come and find out what is possible when you take a 3-ball move and apply it to four and five balls. Attendance at Part I (Tuesday, 1 pm) highly recommended, but not necessary.

## **360s with Balls, Clubs & Rings**

Wednesday, 4pm

North Hall G

Josh Horton and Doug Sayers

Bring your prop of choice and your best spinning shoes! These two whirling dervishes are going to take you to school on how to spin faster, better, and under more objects.

## **5 Balls The Easy Way**

Wednesday, 5pm

North Hall F

Dave Finnigan

Learn to juggle a five-ball cascade by going step by step with the help of a partner. We'll supply the partner. This is a hands-on practice session, not a theoretical discussion. If you can already juggle five balls for 30 throws or more, this workshop is *not* for you. This workshop is also not a multiplex class. Prerequisite: you must be able to juggle three balls in cascade.

## **Mr. E's 3-Ball Esoterica / Intermediate & Advanced**

Thursday, 10am

North Hall B

Jackie Erickson

A continuation of Mr. E's workshop from Wednesday, more patterns will be demonstrated from the intermediate level all the way to unique. Attendance at previous workshop is suggested but not mandatory.

# **Ball Workshops continued**

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## **3 Ball Bouncing / Advanced**

Thursday, 11am                      North Exhibit Hall      Eric Wenokor & Colin Revere

This 90-minute workshop will go over many 3-ball toss and forced bounce patterns. In addition to demonstrating these patterns, a detailed explanation along with useful tips on how to learn these will be offered. Advanced double- and triple-bounce patterns with complex rhythms will be covered in great detail. Bring 3 bouncing balls and learn some new tricks! This is a 90-minute session!

## **Multiplexes Beginner/Intermediate**

Thursday, 12pm                      North Hall F                                      Bill Coad

Bill will cover the basics as well as some more challenging techniques for throwing and catching multiple items at the same time. Bring several beanbags to practice as you learn.

## **Claymotion with 3 Balls**

Thursday, 2pm                      North Hall F                                      Jackie Erickson

Mr. E is back again with a workshop covering this beautiful and different style of 3-ball juggling.

## **Mills' Mess Variations with 3 & 4 Balls**

Friday, 10am                      North Hall G                                      Matt Hall

Matt's been a busy little bee, learning and cataloguing a full menu of Mills' Mess variations based on siteswaps, half-Messes, whirlwinds, multiplexes and the like. Time permitting, 5 Ball Mills' Mess will be discussed.

## **Juggling with your Feet and Hands**

Friday, 2pm                      North Hall C                                      Pete Irish

World Footbag Champion Pete Irish will guide you through a whole new world of juggling and manipulation in a workshop that draws on his years of elite-level footbag and juggling.

## **Multiplexes / Advanced**

Saturday, 10am                      North Hall C                                      Bill Coad

In a continuation of his previous workshop, Bill will take the difficulty level up a notch as he covers more difficult tricks with lower numbers, as well as demonstrating techniques with higher numbers of balls.

# Ball Workshops continued

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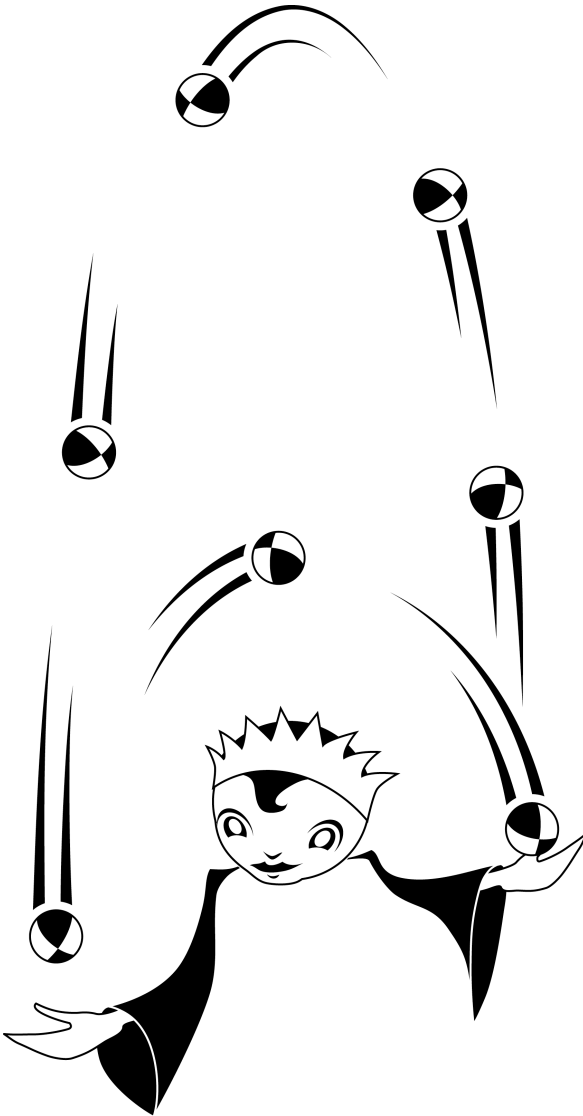
## Numbers Juggling: Theory and Practice

Saturday, 11am

North Hall F

Daniel Eaker and Doug Sayers

Practice techniques, demonstrations and practical advice from two of the strongest representatives of the next generation of numbers juggling.



# Club Workshops

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## 3-Club Chops

Tuesday, 11am

North Hall F

Don Lewis

It is difficult to figure out chops just by watching someone do it. Don's workshop demystifies the trick by breaking the pattern down into easy-to-practice segments.

## Club Passing Patterns Intermediate/Advanced

Tuesday, 11am

North Hall G

Chuck Fernald

For intermediate to advanced club passers. At a minimum, you should be able to pass comfortably with both hands, for example, the three count and Jim's three count, and be able to feed two people. The workshop will cover some of the passing patterns at <http://jugglingfan.org>. It will involve lots of participation and a variety of different formations and rhythms.

## Club Motion: Club Traps Beginner & Advanced

Tuesday, 12pm

North Hall F

Kevin Axtell & Jeremiah Johnston

Starting with a rapid review of proper wrist trap fundamentals, we will explore numerous trap variations, styles, trap cascades, cycling patterns and more! A juggler who is new to traps may find himself quickly overwhelmed but also inspired!

## 3 Club Tricks for Beginners (Offered twice!)

Tuesday & Wednesday, 1pm North Hall G

Don Lewis

A patient instructor shows you simple ways to learn a series of basic club tricks that are the building blocks of more complicated tricks. Even if your three-club cascade is a bit shaky, you can still learn the basic one club movements. THIS SESSION IS REPEATED ON WEDNESDAY, 1 pm, North Hall G.

## Fun and Simple Club Passing for 3, 4, 5+ People

Tuesday, 2pm

North Foyer

Louis Kruk

This is a **two-hour** club passing pattern workshop. **YOU** will be doing all the patterns. You must be able to pass clubs in order for you to participate. You will do triangles, feeds, feed change, carousel, tic-tac with a walk through, the "Y," in-line, feast, rotating feed, buffalo, star, fork. Hey, they are all **FUN & SIMPLE!**

# **Club Workshops continued**

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## **Club Motion: Scissor Theory Beginner & Advanced**

Wednesday, 11am                      North Hall G                      Kevin Axtell & Jeremiah Johnston

Starting with a rapid review of proper Scissor Catch fundamentals, we will then explore the many variations of scissor grips, catches and transitions between scissors including: Slivers, Tosses, Grapples and Scissor Multiplexes. A juggler who is new to Scissors may find herself quickly overwhelmed but also inspired!

## **Learn to Juggle 3 Clubs**

Wednesday, 12pm                      North Hall B                      Madelyn Dinnerstein

If you already can get 10 catches of three clubs, this is not the workshop for you. But, if you want to get step-by-step instruction on how to juggle three clubs and almost an hour of practice time under the eyes of a coach who will help you along, this is the place for you!

## **Creative Club Passing**

Wednesday, 1pm                      North Hall B                      Warren Hammond & Bekah Smith

Join this wacky and inspirational duo from the Rockies as they run through a selection of 5 club 1-count tricks as well as 6-club delicacies.

## **Larger Group Club Passing Patterns**

Wednesday, 3pm                      North Hall C                      Martin Frost

Direct from the Stanford Juggling Research Institute, Martin Frost will teach club passing patterns for 2 to 100+ people. Be ready to move while passing.

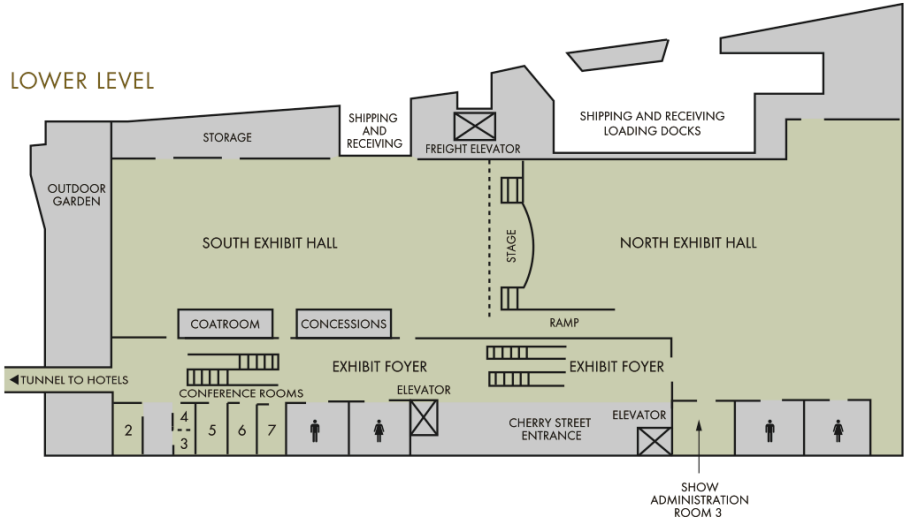
## **Club Motion: Flow / Intermediate & Advanced**

Wednesday, 3pm                      North Hall F                      Kevin Axtell & Jeremiah Johnston

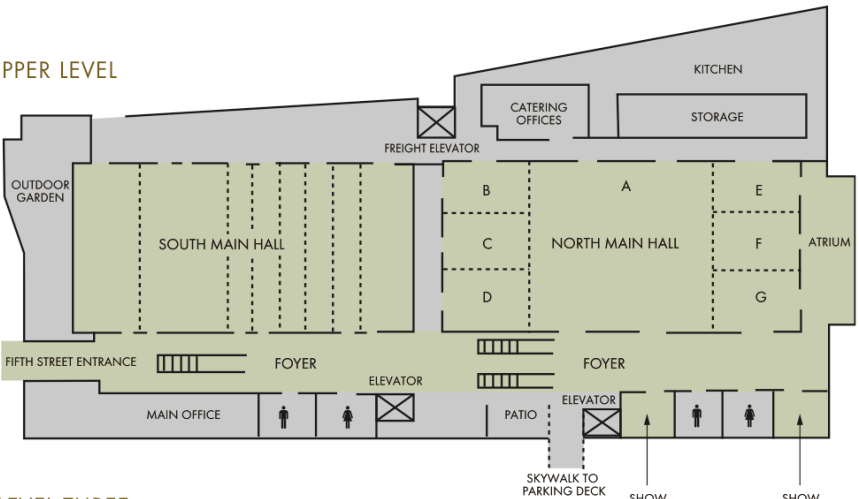
This workshop will explore the connection between Scissors, Traps, Legos, Multiplexes, Grips, Spin-tigration and integrating Club Motion into club juggling. It is recommended that you attend either or both of the other Club Motion workshops.

# Benton Convention Center Floorplan

## LOWER LEVEL



## UPPER LEVEL



## LEVEL THREE



# ***My Workshops Schedule***

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	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
<b>10 am</b>					
<b>11 am</b>					
<b>12 pm</b>					
<b>1 pm</b>					
<b>2 pm</b>					
<b>3 pm</b>					
<b>4 pm</b>					
<b>5 pm</b>					

**Remember to check the daily newsletter and the Workshops table in the Gym for last-minute changes and updates!**

# Club Workshops continued

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## Club Passing Wally Walk

Wednesday, 4pm                      North Foyer                      Jimmy Robertson & Brian Knobbs

IJA Teams medalist Jimmy Robertson and his passing partner Brian will introduce you to this fun and challenging passing pattern.

## A Method For Teaching Beginning Club Passing

Thursday, 10am                      North Hall F                      Louis Kruk

This workshop teaches jugglers new to passing how to pass, and teaches those who want to TEACH CLUB PASSING a method that is organized, simple, and breaks the activity down into its minute & achievable elements. Prerequisite: the ability to JUGGLE three clubs.

## 6 Club Passing Tricks

Thursday, 1pm                      North Hall F                      Heather Marriott & Jimmy Robertson

This workshop is aimed at people who are comfortable passing 6-club every others (4-count) and wish to learn some basic club passing tricks. We will cover pirouettes, body throws, doubles, and triple throws in the passing pattern.

## 3 Club Shoulder Pads & Other Body Throws

Thursday, 2pm                      North Hall C                      Tony Pezzo & Josh Horton

You've seen them on YouTube, and now you learn this new three-club standard from two of the jugglers who helped popularize it. This is not your typical body throw, under-the-leg workshop!

## Right/Left-Handed Passing Patterns

Thursday, 2pm                      North Hall B                      Martin Frost

**PASSING MADNESS!** For the 23rd consecutive IJA summer fest, Martin Frost will teach both-handed club passing patterns that may not drive you mad, and then with his SJRI partners, he'll demonstrate some other patterns that may.

## 3-Club Tricks / Advanced

Friday, 11am                      North Hall C                      Will Murray

You've watched his segment in the *Things You Can't Do 2* video about a hundred times. Isn't time you learned in person from the master himself? Sure it is!



# Club Workshops continued

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## 6 Club Passing: 2-Count

Friday, 12pm

North Hall C

Chuck Hawley & John Chase

More club passing goodness from one half of Perpetual Motion

## Club Swinging / Beginner & Intermediate

Friday, 12pm

North Hall G

Sky King

Come get your groove on as Fly Sky schools everyone on the basics of club swinging.

## Movement and Passing in a 3- and 4-Person Feed

Friday, 2pm

North Hall F

The Poetic Motion Machine

Taught by Jeremiah and Jesse Johnston, Eli March, Steven Weven. Intermediate / Advanced. We will explore numerous variations of movement in and around a 3- and 4-person feed with the goal of never breaking the feed. Proficiency in passing 2- and 4-count required.

## 4 & 5 Club Multiplexes

Friday, 3pm

North Hall C

Will Murray & Matt Hall

Matt took Will's workshop in 2007 and is now his club-multiplexing disciple. Different grips and throws, secret catches, drills and performance ideas will be covered. All the goodness of Will Murray with the siteswap variations of Matt thrown in for good measure.



# ***Devil Stick Workshops***

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## **Single Devil Stick Tricks Beginner / Advanced**

Tuesday, 2pm

North Hall F

Markus Furtner

Join the best devil sticker in the world as he begins with static tricks for any level. Following that he will teach how combinations of simple tricks can become impressive. Lastly, there will be an introduction to saw-style tricks including the "Furtner Fish."

## **Two Devil Sticks Theory and Tricks / Advanced**

Thursday, 1pm

North Hall C

Markus Furtner

In this workshop, proper training techniques will be covered first, as well as demonstrations of different starts and patterns.

# ***Diabolo Workshops***

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## **One Diabolo: Excalibur**

Tuesday, 10am

North Hall B

Matt Hall

Beginning skills will be taught before moving swiftly on to the ever-growing menu of vertax possibilities now available on the Internet. You will not believe what is possible now!

## **One Diabolo Tricks / Beginner & Intermediate**

Thursday, 11am

North Hall C

Tim Ellis & Alan Alovus

Different families of diabolo tricks such as grinds, stick releases, genocides, magic knots, and body moves will be introduced by these two excellent teachers.

## **Two Diabolo Tricks / Beginner & Intermediate**

Friday, 10am

North Hall B

Alan Alovus

If you can already get two diabolos running, and are looking for some basic, fun tricks, then this is your workshop. If you're still having problems with two diabolos, come by as well for some tips and help!

## **Two Diabolo Tricks / Advanced**

Friday, 1pm

North Hall G

Jacob & Nate Sharpe

The 2008 IJA Teams Champions are back and this time they come armed with an array of mind-blowing two diabolo variations and tricks. Get ready to have your game taken to the next level.

# ***Diabolo Workshops continued***

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## **Three Diabolos:**

### **Theory and Practice with Low & High Throws**

Saturday, 11am

North Hall B

Jacob & Nate Sharpe

What's better than a two-diabolo workshop taught by the best diabolists in North America? Why, a three-diabolo workshop, of course!



# Discussions & Forums

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## Youth Showcase Meeting

Tuesday, 2pm

North Hall B

Pam Hamilton

If you want to be in this year's Youth Showcase, don't miss this meeting.

## Juggling Videography

Wednesday, 12pm

North Hall F

Richard Kohut Jr.

Tips on making your own juggling video more presentable from "Reeses2150" himself.

## YouTube Meet and Greet

Wednesday, 1pm

North Hall C

Chris Taibbi

This is your chance to meet some new friends, as well as some of the stars of those videos you've loved for so long.

## Flamingo Club Meet and Greet

Wednesday, 2pm

North Hall C

Joyce Howard

Attention all female jugglers! Come on by and meet your fellow juggling sisters!

## Comedy Writing Panel Discussion

Wednesday, 2pm

North Hall B

Dan Holzman

All you budding comedic jugglers will not want to miss this one! Expected guests include: Ivan Pecel, Steve Langley, Jon Wee, Rick Rubenstein, and others!

## Starting & Sustaining School Juggling Programs

Wednesday, 4pm

North Hall B

Lao Alovus

This workshop will discuss the creation and structure of a new, highly successful, mixed-prop public school juggling program in Tallahassee, Florida. The workshop will primarily focus on how the structure, materials and Web site integrate, with a follow-up discussion on how the program could be modified for other types of programs (after school, club, etc.). Program website: <http://www2.sail.leon.k12.fl.us/lao/default.aspx>

## EJC / IJA Organizing Ideas

Wednesday, 5pm

North Hall B

Markus Furtner

Markus will be organizing the upcoming 2011 European Juggling Convention in Munich, Germany. His goal is to have a meeting where we talk about EJA/EJC compared to IJA. He would like to share ideas, "know how," etc. with the IJA.

# **Discussions & Forums continued**

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## **Being a Professional Juggler**

Thursday, 11am

North Hall G

Ivan Pecel & Dan Holzman

Once again, we have a varied panel of active professionals with decades of experience, discussing how to make money with your juggling. Pricing, promo materials, and more will be discussed in a free-flowing exchange of ideas.

## **Vaudeville / Sideshow Skills and History**

Thursday, 12pm

North Hall B

Shea Freelove

The founder of the Freelove Circus on the West Coast will lead a discussion and share personal experiences and historical anecdotes about the history of Circus and Physical Theater, the Golden Age of the circus and vaudeville, the rise of TV, radio and film, and contemporary vaudeville.

## **Reflections on a Performer's Life**

Thursday, 5pm

North Hall A

Michael Chirrick

Still astounding his audiences as he has done through his 40-year career, Michael has performed around the globe in all of the world's most prestigious venues, including the world's top nightclubs, cabarets, circuses and television shows.

Michael spent six years performing with the world-famous Harlem Globetrotters, and he has performed by invitation at such world-class events as the International Circus Festival at Monte Carlo for Prince Rainier and Princess Grace of Monaco. Come and sit for a spell at the end of a long day of juggling and listen to Michael's recollections. The format will be casual Q&A.

## **Juggling Instructors Networking Session**

Friday, 11am

North Hall F

Madelyn Dinnerstein

If you teach juggling or want to start, come hang out with others who share your interest. We will share tips on how to help others learn to juggle and brainstorm solutions to problems instructors have encountered.

## **Clowns Without Borders Presentation**

Friday, 12pm

North Hall F

Shea Freelove & Steve Dimon

This workshop will include a slide show of the presenters' recent trip to Africa as well as an introduction to international humanitarian performing.

## **Flamingo Club Business Meeting**

Friday, 1pm

North Hall C

Joyce Howard

All female jugglers: come on by and let your voice be heard as we discuss several agenda items related to the festival and to women in juggling.

# **Discussions & Forums continued**

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## **Circus Programs in Elementary School**

Saturday, 10am

North Hall G

Pierre Loiselle

Come and meet this year's Excellence in Education award winner and see a presentation of how he did it. Don Lewis will translate from French for Pierre. For more information, see: [http://www.csduroy.qc.ca/Capsules/les\\_arts\\_cirque/](http://www.csduroy.qc.ca/Capsules/les_arts_cirque/)

## **Rings workshops**

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### **Rings Fundamentals with 3 & 4 Rings**

Tuesday, 10am

North Hall F

Scott Sorenson

Much more than a bunch of tricks to copy, this workshop will give you the essential fundamentals of ring juggling and take you through 3 & 4 rings. These fundamentals will take you anywhere you want to go with rings. You will come out of this workshop with real knowledge that you can build on and add to your skills.

### **Rings Tricks & Numbers / Advanced**

Wednesday, 10am

North Hall F

Scott Sorenson

Numbers juggling and tricks with numbers is all about fundamentals. It comes down to how you train and what drills you're doing. Scott will show you the drills he's learned that really work. Add to that the right kind of resistance training to explode your speed.

### **Rings Tricks / Advanced**

Friday, 2pm

North Hall B

Tony Pezzo

IJA Medalist and Phil Award Winner Tony Pezzo will take you on a tour of the hottest toss and manipulation options with 3, 4 and 5 rings. Come ready to push the envelope!

# Miscellaneous Props & Disciplines

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## Cigar Boxes / Beginner & Intermediate

Tuesday, 12pm North Hall B Sean Haddow & Bill Coad

Come and learn the fundamentals from a pair of box stalwarts. And remember: boxes are the new diablo!

## Balancing Objects

Tuesday, 12pm North Hall C Randy Montgomery

Bring your own props and learn to balance them on various parts of your head and body.

## Beginning Hat Manipulation

Tuesday, 3pm North Hall C J.D. Ellison

J.D. will cover basic and intermediate hat moves.

## Yo-Yo: Old Skool

Tuesday, 3pm North Hall G Dean Wicklund

Sharpen your yo-yo chops with this wily wizard from Oak St. Beach in Chitown!

## Kendama Beginner & Intermediate

Tuesday, 4pm North Hall B Joe Dean & Sean Haddow

Come explore this ancient Japanese toy and learn more about the North American Kendama Open to be held on Wednesday! Extra kendama will be available for use during the workshop.

## Rope Twirling / Beginner

Tuesday, 4pm North Hall G Lloyd Ramsey

Special ropes supplied for limited number of people who want to be able to twirl a Flat Loop. You will practice enough to almost certainly get a good loop going.

## Kendama / Advanced

Tuesday, 5pm North Hall B Matt Hall & Joe Dean

The Path to Black Belt! Yes, it is possible to test for *shodan*, or black belt, in this Japanese prop. We will go through the 20 tricks that are tested on the official JKA sheet. We will also do some fun games to help prepare for the North American Kendama Open the next day. *Banzai!!!*

# Miscellaneous Props continued

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## **Pirouettes for Jugglers**

Wednesday, 11am

South Exhibit Hall

Lloyd Ramsey

The basic mechanics of spinning will be demonstrated and experienced, with simple explanations and brief exercises. Everyone can leave doing something of a presentable rotation for juggling, with a broad understanding of how to develop further. No props needed. Wear shoes good for a smooth concrete floor. We will start on time, and the workshop will take the entire hour.

## **Tennis Ball and Can Jam**

Wednesday, 12pm

North Hall C

Matt Hall & Dan Holzman

Bring your can and jam with one of the true originators of the prop. Matt will try to bring something to the table as well.

## **Lasso Spinning & Knot Throwing**

Thursday, 1pm

North Hall G

Keith Nelson

Mr. Bindlestiff is back! Come learn from a pro!

## **Hat Manipulation**

Thursday, 5pm

North Hall C

Steve Langley

You've seen the Fettuccini Brothers wonderful hat routines, so now learn how to do those tricks and more from Alfredo himself!

## **Top Spinning Breakout**

Friday, 1pm

North Hall B

Mark Hayward & Keith Nelson

Go over the top with Mark and Keith! Celebrating the art of the throw top, beginners to advanced players are welcome. This is an opportunity to share tricks and top size doesn't matter.

## **Jitter Ring / Beginner & Intermediate**

Friday, 2pm

North Hall G

Scotty Krause

This will be a beginner to intermediate class. Scotty will teach how to start the ring, throw it up in the air and catch it, and one other easy trick. Breakout time after the workshop if time permits.

## **Paddle Ball**

Friday, 3pm

North Hall F

Ashton Friendenberger

For people who have never touched a paddle in their life, good news! Most people can pick up the first two basic paddleball rhythms in about 10 to 30 minutes with Ashton's method. For those who are more advanced, you can also learn and practice the rhythms for dozens of tricks.



# Miscellaneous Props continued

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## Ball Spinning / Beginner

Friday, 3pm

North Hall G

Glen Luke Flanagan

Understanding and executing basic ball spinning techniques. Add this crowd-pleasing skill to your shows.

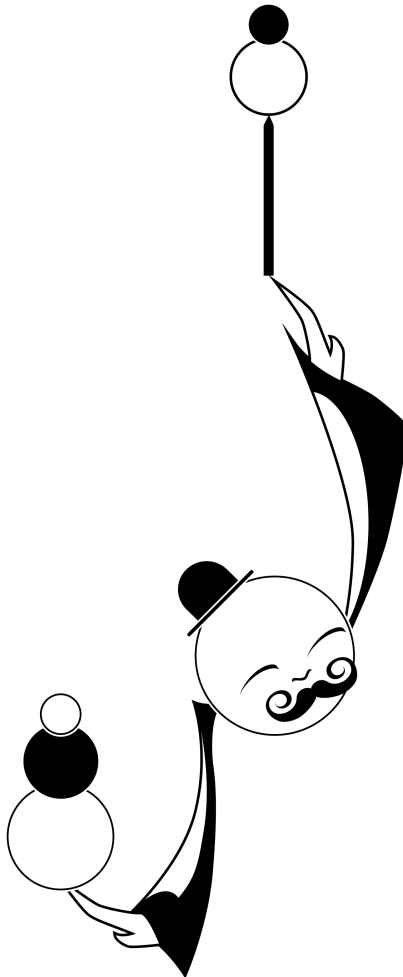
## Hoop & Staff Manipulation

Saturday, 11am

North Hall C

Cindy Marvell

Traditional Chinese-style staff spinning taught with a juggling twist! You must bring your own staff. Hoop manipulation fundamentals will also be taught.



*From Workshops Director Matt Hall:*

## **Thanks and Recognitions**

First of all, I would like to thank my wife Lisa for her support and for her invaluable advice and editing skills.

I would like to offer Mike Sullivan a firm pat on the back for his diligence and for his zeal in making this year's festival the best possible.

I must also give a deep bow of appreciation to the sponsors of this year's North American Kendama Open:

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Last, and certainly not least, I want to thank each and every person who volunteered of their time and their talents to share with others this week. It has been said before, and it bears saying again, that we do not attain our goals alone. I cannot think of a better way to pay back the person who taught me than by teaching another person. Who knows what seeds you planted this week will bear fruit? Time will tell...

To all the workshop leaders this week, I again offer my most heartfelt thanks and my deepest gratitude.

Respectfully,

*Matt*

# ***Notes & Autographs***

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**International Jugglers' Association  
62nd Annual Festival  
Winston-Salem, North Carolina  
July 13-19, 2009**

**Workshops Director  
Matt Hall**

**Send changes and updates to  
[workshops@juggle.org](mailto:workshops@juggle.org)**

**... or stop by the Workshops  
table in the gym!**

**Thanks to Charlie Morgan and the crew at  
PIP Printing of Winston-Salem  
for printing this year's Workshops Schedule!**

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**Workshops Schedule by Matt Hall. Layout & production by Mike  
Sullivan. Huge thanks to Lisa Hall & Marilyn Sullivan.**